

ISLAM CALLS FOR ENJOYING LIFE

Sheikh “Muhammad Abduh”(1849-1905) the Head of Islamic verdict body (mufti) & top scholar in Egypt & most Islamic countries in his time wrote that the **health & life in Islam is prior & comes first to religious duties .The Islam forgiving commands take the human to ALLAH & fills his heart with ALLAH love, but does not take him from making up his life earnings & enjoying life pleasures** . The prophet did not say “ sell what you own & follow me” but when asked about sadakah (optional charity amount) , he said “ the third is enough & the third is much , leave money to your pedigree & leave them rich not needy to others”

- 1) **Islam has granted us permissions & waivers** , for example ALLAH has enacted Ramadan fasting , but waived the fasting for the sick & traveler & those who find much hardship in it , ALLAH has enacted water ablution before prayer but waived ablution if there was a harm of water contacting or it was difficult to get water, also praying in Islam is performed by movements of standing & kneeling but the movement is waived if the prayer finds difficulty in it
- 2) **Islam allowed & called for enjoying & relishing** all kinds of life adornments & goods & pleasures conditional to moderation & good intention & maintaining the legal limits , see

Q5;87

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translation “O you who have believed, do not prohibit the good things which Allah has made lawful to you—

Q7;32

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translation “Say, “Who has forbidden the adornment of Allah which He has produced for His servants and the good [lawful] things of provision/livelihood —

- 3) **ALLAH calls for spending & enjoying but without extravagance**

Q 17;29

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translation “And do not make your hand [as] chained to your neck (tight spender)or extend it completely (extravagant)and [thereby] become blamed and insolvent.

- 4) **Islam forbid us from exaggerating & hyperbole in religion** & asks us to enjoy our life

QURAN 28;77

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Translation “And seek, through that which Allah has given you, the home of the Hereafter; and do not forget your share of the world”–

ALLAH told us to supplicate to him asking for good in both life & afterlife

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Translation “Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire.”–

5)ALLAH tells us that he wants the ease for us & told us to choose the easy path

QURAN 2;185

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Translation is “Allah intends for you ease and does not intend for you hardship”—